

2011 USATF/ASICS Dirt Dog Cross Country Series

1. Sat. Aug 27: Wild Duck 5K
(Masters) 8:00am; (Open) 8:30am
Guajome Park
Joe Crosswhite (760)723-3257
2. Sat. Sept 3: Balboa 4-Miler,
(Masters) 7:30am; (Open)8:10am
Balboa Park
Stephen Burch (619)562-8061
3. Sat. Sept 10: Showdown & Sundown 5K
7:00pm Shez Sirimanne: sundown5k@gmail.com
Hollandia Park
4. Sat. Sept 17: San Diego City College 10K
8:00am Kylie Edwards: kedwards@sdccd.edu
Rohr Park
5. Sat. Sept 24: Bonita 8K Stampede
8:00am Antonio Melchor: (619)370-1184
Sweetwater Regional Park
6. Sat. Oct 8: Ursula Rains Balboa Boogie 5k
(Masters) 8:00am; (Open) 8:45am
Morley Field
Nancy Morris (858)874-8784
7. Sat. Oct. 15 Cougar Challenge 5K/8K
(Women's 5K) 8:00am; (Men's 8K) 8:45am
Cal State San Marcos Track
Steve Scott (760)750-7105
8. Sat. Oct 29: Cuyamaca College 6K
8:00am Patrick Thiss (619)660-4518
Lindo Lake
9. Sat. Nov 12: USATF San Diego Cross Country Championship 4 Miler
Mission Bay
(Masters) 9:00am; (Open) 10:00am, Paul Greer (619)388-3704